



# VETERANS AND THEIR FAMILIES ARE INVITED TO A VA MENTAL HEALTH SUMMIT IN PRESCOTT VALLEY, MAY 14

Posted on May 4, 2024 by Max Efrein, Public Affairs Officer | Northern Arizona VA



*Learn About Areas of Mental Health Impacting Our Veterans and How to Appropriately Address Them*

The Northern Arizona VA Health Care System (NAVAHCS) is pleased to invite Veterans, their families and community stakeholders to the 13<sup>th</sup> Annual VA and Community Mental Health Summit taking place at the Elks Lodge in Prescott Valley on **Tuesday, May 14 from 8:00 a.m. to 4:00 p.m.**

The theme of the summit is “Stop the Stigma.”

“Stopping the stigma involves promoting advocacy, empathy, and acceptance surrounding Mental Health,” said Jennifer Sigler, a clinical psychologist at NAVAHCS. “At NAVAHCS, we want our Veterans to feel comfortable openly discussing the challenges they face so they can connect with the resources available within our VA and our community.”

Throughout the summit, there will be presentations on moral injury, PTSD and family relations, inequities in women veteran's mental health care, and more. For a full agenda, please visit our website's events page:

<https://www.va.gov/northern-arizona-health-care/events/67284/>.

Registration for the event is encouraged. To do so, please email [nancy.devine@va.gov](mailto:nancy.devine@va.gov).

- WHO:** Veterans, their families and community stakeholders
- WHAT:** Full day of information/presentations about mental health care for Veterans
- WHERE:** Elks Lodge #330, 6245 E. 2<sup>nd</sup> St., Prescott Valley
- WHEN:** Tuesday, May 14, 8:00 a.m. – 4:00 p.m.
- CONTACT:** If you have questions about the event, please contact [nancy.devine@va.gov](mailto:nancy.devine@va.gov)

### **About the Northern Arizona VA**



Through its main campus in Prescott, along with Community Based Outpatient Clinics (CBOCs) in Cottonwood, Flagstaff, Kingman, Lake Havasu City, and Anthem – with additional clinics in Tuba City, Page, Kayenta, Chinle, Holbrook and Polacca – the Northern Arizona VA provides services to approximately 34,000 Veterans over a catchment area of more than 65,000 square miles.