



HORSES WITH HEART ANNOUNCES THEIR NEW EQUINE ASSISTED LEARNING (EAL) PROGRAM

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Horses with Heart, a PATH Intl. Premier Accredited Therapeutic Riding Center, located in Chino Valley, Arizona, is proud to announce an additional therapeutic program called Equine Assisted Learning (EAL). For over 30 years, Horses with Heart has provided therapeutic riding to those with special needs, ages 4-80+, veterans, first responders, and seniors. HwH is pleased to offer this new program.

EAL is a method of experiential learning (learning based on experiences and observation) that promotes personal growth and the learning of life skills, through the partnership with horses. Examples of skills developed are trust, confidence, communication, social skills, boundary setting, respect, critical thinking, teamwork, problem-solving, decision-making, and leadership. Credentialed facilitators guide safe interactions with our horses.

In this unmounted (non-riding) program, EAL sessions are specifically tailored to the needs of the participants (ages 8 to 80+), individually or in small groups. Those benefitting from EAL may include veterans, first responders, teenagers, foster parents, foster children, caregivers, and those dealing with dementia, grief and loss, trauma, and job burnout. Businesses and institutions wishing to promote teamwork and productivity will also benefit from EAL.

One participant who has experienced Equine Assisted Learning at Horses with Heart states, "I no longer feel the pain I had when I first arrived". To the horse, this person wrote, "Thank you for your warm breath of magnificent presence...and for letting me be in the moment with you...and for mostly being a "horse with heart".

Horses with H.E.A.R.T., Inc. is a 501 (c)(3) serving the Quad Cities area. Located at 2705 S. State Highway 89, Chino Valley, AZ 86323. Learn more at <http://www.horseswithheartaz.org>.